

TURKEY'S FIRST PREVENTIVE INTERVENTION PROGRAM

The OBM implementer school counsellor strives to prevent students who use harmful substances from becoming addicts. For this purpose; he/she evaluates them properly, makes an effective intervention and monitors them carefully and regularly.

HOW DOES OBM WORK?

After carefully evaluating the student, OBM implementer school counsellor carries out brief intervention. He/she increases student's motivation towards change. He/She informs student's family, and cooperates with them as well. He/She closely monitors the student, and takes necessary precautions to prevent the repetition of the situation. When necessary, he/she dispatches the student to proper facilities.



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Program on Addiction Intervention in Schools



Turkey's First
and Only
School-based
Intervention
Program



WHAT IS PROGRAM ON ADDICTION INTERVENTION IN SCHOOLS (OBM)?

OBM is Turkey's first and only school based intervention program, developed with the perspective of secondary prevention regarding the use of tobacco, alcohol and drug addictiveness among students.

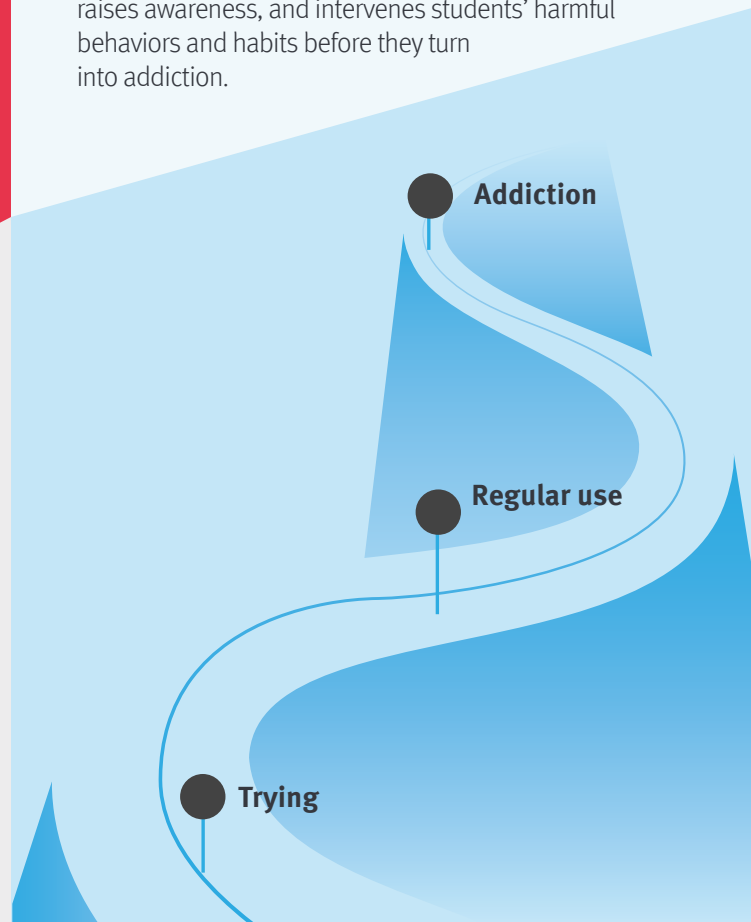


“ With OBM, students who are in the phase of trying addictive substances will be recuperated without excluding from the educational system, and students' psycho-social problems regarding substance use will be treated. ”

EFFECTIVE INTERVENTION IN ADDICTION

Addiction is a process. In the process of becoming an addict, the individual firstly tries tobacco, alcohol or harmful substances, and then increases the consumption frequency to a risky and dangerous level. As a consequence, addiction builds up. The interventions made to individuals before their addiction fully develops are called “secondary prevention.”

Developed by the Green Crescent, OBM is the complementary program for the school based Addiction Prevention Training Program of Turkey (TBM) which is developed within the scope of primary prevention. OBM complements TBM's educational aspect that informs and raises awareness, and intervenes students' harmful behaviors and habits before they turn into addiction.



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Okulda Bağımlılığa Müdahale

WHAT IS THE PURPOSE OF OBM?



To upskill school counsellors' preventive intervention capacity



To implement secondary prevention actions in the fight against addictions systematically



To make the intervention program effective and prevalent across the country