### Who can apply to YEDAM?

- Alcohol and drug addicts
- People having alcohol-use problems
- People who want to get rid off alcohol
- People having quitted alcohol and drug and demanding to take measure not to restarts
- Wife/husbands, parents, sisters/brothers, relatives... of alcohol and drug users
- \* Your information you shared with YEDAM are protected as per privacy principles.

## How long the treatment takes in YEDAM?

- Addiction treatment is a process that requires patience and devotion!
- Duration of treatment process can change according to the person and situation the person is in.

### SOCIAL SUPPORT AND PSYCHOTHERAPY SERVICES ARE PROVIDED IN YEDAM

## How can you apply to YEDAM?

- You can access to Information Hotline by callin 444 79 75.
- You can consult to our specialist psychologists on addiction at Information Hotline.
- You can call 444 79 75 and get an appointment to come for face to face interview at YEDAM.





yedam.org.tr

\*YEDAM Green Crescent Consultancy Center

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CONSULTANCY CENTER YEDAM

# CONTINUE TO LIVE WITH YEDAM

YEDAM provides rehabilitation services for drug and alcohol addicts and their families for free.



## Green Crescent Consultancy Center (YEDAM)

YEDAM provides free rehabilitation support to alcohol and drug addicts and their relatives.

Qualified consultancy service is provided by psychologists and social support specialists through 444 79 75 hotline which can be called from all over Turkey.

## CALL YEDAM TO OVERCOME ALCOHOL AND DRUG PROBLEM

## Information Hotline and Face to Face Interview Services

Motivational interviews and guidance is provided at Information Hotline according to needs. And on face to face interviews; a rehabilitation service is applied including long term psychological and social support processes before, during and after medical treatment.



## What Can The Family Do If Addict Person Rejects To Come to YEDAM?

- · If the addict person rejects to come, yourself can come.
- Addiction is not a process effecting the individual alone, but also the family.
- The role of family in treatment is essential.
- Approach of family to the individual is very important.
- Improvement on approach of family to the individual, contributes recovery of him/her.
- Treatment of addiction can take long time and requires patience.



## What Are the Services YEDAM Provides?

#### **PSYCHOTHERAPY**:

Face to face interviews performed with individuals having alcohol and drug problem.

#### FAMILY INTERVIEW:

The interviews performed with families of individuals who applied to YEDAM. It is important to arrange intra-family relations.

#### SOCIAL SUPPORT:

The social support provided to people having psychotherapy process in YEDAM is important on social adaptation of person. It contains activities such as guidance to find job through Turkish Employment Agency, to support training process, to organize social activities, guidance to courses for hobby and skills, to support for social security.

#### **GROUP THERAPY:**

The interviews supportive for treatment, where the people coming to psychotherapy interviews come together and which is based on informing and sharing.

#### FAMILY GROUP THERAPY:

The interviews supportive for treatment, where families of the people coming to psychotherapy interviews come together and which is based on informing and sharing.

#### YEDAM WORKSHOP:

YEDAM workshop is therapy through profession step of YEDAM model aiming at optimal participation individual to society. The purpose is to provide individuals stay clean by developing their hobby, profession skills, to increase their adaption to society, to support them on having a profession and to enable them be producer individuals in the society. There are 4 workshops in YEDAM Workshop as gastronomy, sports and hobby, toy and graphical design.